



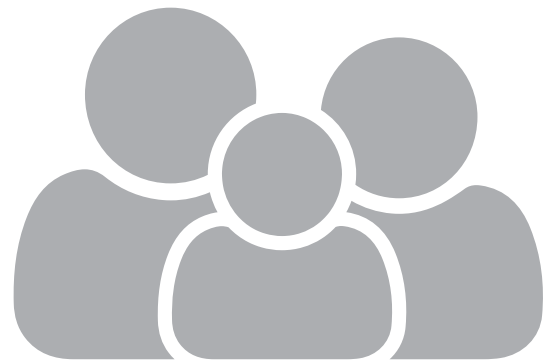
FAMILY HANDBOOK

01/	WELCOME
02/	THE BIG PICTURE
03.1/ 03.2/	FOOD & MEAL PREPARATION
04.1/ 04.2/	HOUSEHOLD INFO
05/	SAFETY
06/	BEHAVIOUR & DISCIPLINE WITH THE KIDS
07.1/ - 07.3/	COMMUNITY INFO
08.1/	YOUR BASIC SCHEDULE
08.2/	THIS WEEK'S SCHEDULE
09.1/ 09.2/	CONTACT INFO
10/	EXTRA SPACE

01/ WELCOME

GREETINGS,

OUR FAMILY



02/ THE BIG PICTURE



To help you get oriented, here's a general overview of how we see au pairing and your role as an au pair in our family. It's great to have you on the team! :-)

WHAT IS YOUR ROLE AS OUR AU PAIR

WHY WE WANT TO HAVE AN AU PAIR



03.1/ FOOD & MEAL PREPARATION



Meals are an important part of family life.
Here's some basic information to help you
know what to expect in our family.

LUNCH:

HOW WE LIKE TO HANDLE MEALS:

DINNER:

BREAKFAST:



03.2/ FOOD & MEAL PREPARATION

COOKING:

SNACKS:

REFRIGERATOR & FOOD STORAGE:

SHOPPING:



04.1/ HOUSEHOLD INFO



This helps to orient you in the different rooms in our home.

LIVING ROOM:

YOUR AU PAIR ROOM:

BATHROOM:

KITCHEN:



04.2/ HOUSEHOLD INFO



This helps to orient you with important technical systems and equipment in our home.

INTERNET & WIFI:

HEATING SYSTEM:

HOUSE KEYS & SECURITY:

HOME ENTERTAINMENT SYSTEM:



05/ SAFETY



Staying safe for you and the kids is always the top priority. Here's some important information to help you be well-prepared.

FOOD ALLERGIES:

SAFETY INSIDE THE HOUSE:

SAFETY OUTSIDE THE HOUSE:



06/ BEHAVIOUR & DISCIPLINE WITH THE KIDS

GENERAL OVERVIEW:



When you're alone with the children, you're the boss. Here is a general overview and some specific rules to help you with this important responsibility.

RULES FOR SPECIFIC ACTIVITIES:



07.1/ COMMUNITY INFO

IMPORTANT PLACES FOR THE KIDS



Addresses and directions for the children's school, kindergarten, sports club, music lessons, best friends, etc etc

PLACES / PERSONS ADDRESS

BACKGROUND INFO



07.2/ COMMUNITY INFO

IMPORTANT PLACES FOR YOU



Addresses and directions for interesting and/or useful places for the au pair – nice cafes, cinemas, language school, university facilities, fitness centers, shopping, etc etc

PLACES / PERSONS ADDRESS

BACKGROUND INFO



07.3/ COMMUNITY INFO

GETTING FROM HERE TO THERE

HOW TO GET AROUND:



Public and private transport in our community - the most important facts for getting around successfully.

HOW TO GET AROUND:



08.1/ YOUR BASIC SCHEDULE



This gives you an overview of regularly occurring appointments and activities for your schedule.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



08.2/ THIS WEEK'S SCHEDULE



Use this page to print out a weekly schedule of activities that you and your au pair should have in mind for the coming week.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



09.1/ CONTACT INFO

 FOR EMERGENCIES

NAME

NUMBERS

ADDRESS

FIRE:

POLICE:

AMBULANCE:

POISON CENTER:

DOCTOR:



09.2/ CONTACT INFO

 FOR EVERYDAY

NAME

NUMBERS

ADDRESS



10/ EXTRA SPACE



For additional Info ...

